WHAP Key Measures

Measures over 2 decades:

**Bone**
- Balance & strength
- X-rays
- Bone Density

**Brain**
- Brain Imaging
- Executive function
- Memory
- Full Neurocognitive tests

**Blood**
- Biomarker
- Hormonal
- Inflammatory
- Genetic

**Medical**
- Medications
- Chronic illness
- Common illness
- Family illness

**Quality of Life**
- Sexuality
- Self-rated health
- Quality of life
- Life satisfaction

**Socio-demographic**
- Education & employment
- Marital status
- Carer load
- Partner employment
- Household composition

**Lifestyle**
- Diet
- Physical Activity
- Alcohol consumption & history
- Smoking history

**Psych**
- Mood
- Depression
- Wellbeing & quality of life
- Self-rated health
- Stress

**Physical Measures**
- BMI
- Blood Pressure
- Head circumference
- Abdominal fat